

Eaa te maata i te vāito tinamou tau i roto i te au kavakona e inu nei au?

I mua ake ka inu ei koe, e akara koe i te pepa ingoa no te tuatua o te Standard Drinks no taau e inu ra. Na te reira e akapapu mai i te maata o te vāito tinamou tau i roto i tena au moina, au pōti, me kare ra, au pi'a kavakona (cask) e inu ra koe.

I roto i te au are kai kavakona, e aiteite ana ta ratou vāito me oronga ki te tangata – ina ra, i roto i te ngutuare, ka tuke te vāito te ka orongaia i te au atianganga ravarai. Me oki ua rai koe i te akara i te tuatua o te Standard Drinks i runga i te pepa ingoa, na te reira e tauturu ia koe i te akatinamou e, e ia inu'anga taau kia orongaia mai mei roto mai i te au moina tatakaitai.

Mei teia te tu, me kua tataia ki runga i te pepa ingoa o tetai moina ūaīna e, e varu o te reira moina vāito tinamou tau, e, mei te mea e, e ā rai karati mamaata a te reira moina ūaīna i rauka i te akaki, ko te aite'anga i reira, i roto i te karati okotai, e rua vāito tinamou tau, me kare ra, e 20 karamu āraakaōro. Me ka akaki katoa koe e ono karati mei roto mai i te reira moina ūaīna, ko te aite'anga i reira, e 1.3 vāito tinamou tau, me kare ra, e 13 karamu āraakaōro i roto i te karati okotai. Mama ua!

No te mea e kare e aiteite te vāito i te maata o te āraakaōro i roto i te au ūaīna tuketuke, kare i reira e rauka i te akatinamou e, tei runga te katoatoa o te au moina ūaīna i te varu vāito tinamou tau. Ka ūi mai tetai pae, ka maata atu tetai pae. E akapapu ra koe e, eaa to runga i te pepa ingoa.

Ka akara au ki ea?

Ka kiteaia e koe te tuatua o te Standard Drinks ki runga i te pepa ingoa o te au moina tatakaitai, te au pōti, me kare ra, te au pi'a kavakona tatakaitai. Me kua tataia ki runga i te pepa ingoa e, e 1.5 te vāito tinamou tau o te reira moina kavakona e inu ra koe, ko te aite'anga, te inu ra koe e 15 karamu āraakaōro. Mei te mea e, e 32 vāito tinamou tau i tataia ki runga i te moina kava pakari (spirits), e ka akaki koe e 16 karati ki te reira kavakona, ko te aite'anga, e rua vāito tinamou tau i roto i te karati okotai, ua atu e, ka kapiti mai koe i tetai kāiro ki roto.



Ka anoano ainei koe i te kite i tetai au mea ke atu?

Mei te mea e, ka anoano koe i tetai au tuatua ke atu, akaraia atu ki runga i te www.alac.org.nz

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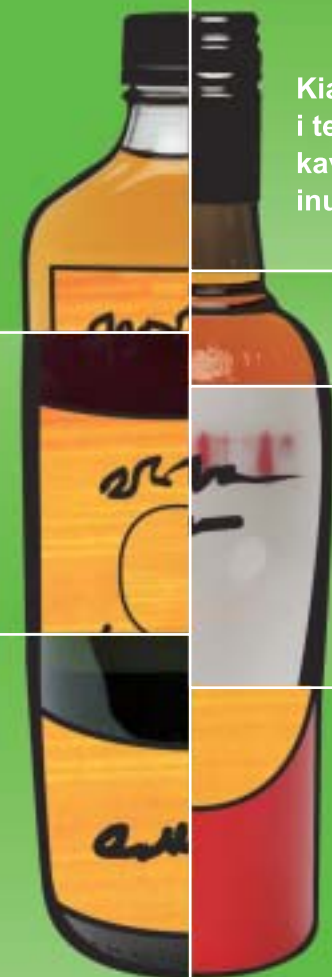
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Te Akatere'anga Tau no te au Standard Drinks



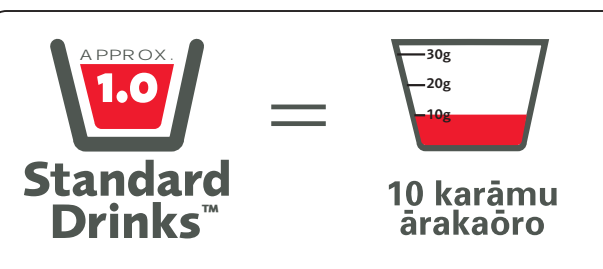
Kia kite koe i te maata i taau kavakona e inu ra

Te au Standard Drinks – kia kite koe i te maata i taau kavakona e inu ra

Kua akatinamouia te vāito tau no te inu kavakona, ei ravenga i te akapapu i te maata i te vāito i taau ka inu. Kua tataia te tuatua o te Standard Drinks ki runga i te pepa ingoa o te au kava tuketuke, te moina ūaīna, te moina kava pia, te moina kava pakari (spirits) e te au pōti pia, me kare ra, te au pi'a kava (casks) – e na teia e aka'ari ngoie kia koe i te vāito o te kavakona taau e inu ra.

Eaa te vāito o te "Standard Drinks"?

Na te "Standard Drinks" i vāito i te maata o te āraakaōro (pure alcohol) i roto i te kavakona e inu ra koe.



Ko te vāito tinamou tau o te kavakona no te inu'anga okotai, e 10 karāmu āraakaōro, e ko teia te Standard Drink.

Kare e, ko te maata o te vai o te kavakona taau e inu ra te mea puapinga kia kiteia, mari ra, ko te maata o te āraakaōro.

Me ka inu koe: me e pōti kava e 330ml,

me kare ra, e karati ūaīna 100ml me kaikai koe

me kare ra, e kava pakari (spirits) e 30ml

mei te 10 karāmu āraakaōro to roto

mei te 10 karāmu āraakaōro to roto

taau e inu ra, mei te 10 karāmu āraakaōro, ina ra, tei runga ua i te maata o te vāito (%) o te āraakaōro i roto i te reira kavakona. E vāito tinamou tau to teia au kavakona katoatoa i akanooia.

Ko te vāito o te Standard Drinks, koia oki, eaa te maata o te āraakaōro i roto i te kavakona, kare e, no te maata i te vai taau e inu ra – no te mea, ko te mea puapinga rava atu kia kite koe, koia oki, eaa tikai te maata o te āraakaōro taau e inu ra.

No te mea e, kare i aiteite te maata o te āraakaōro i roto i te au kavakona tuketuke, ka tuke katoa i reira te vāito tinamou tau o te kavakona i roto i te moina, te pōti, me kare ra, i te pi'a kava (cask).

E akanoo'anga ei tauturu kia kite koe i te maata o te āraakaōro taau e inu ra

Tena mai te aka'ari'anga i te maata o te vāito tinamou tau i roto i te au kavakona tuketuke – ei tauturu kia kite koe i te maata o te āraakaōro i roto i te kavakona taau i anoano i te inu. E aka'ari'anga tauturu ua teia. E akara meitaki koe i te pepa ingoa, kia papuia koe e, e ia aau au vāito tinamou tau o te au kavakona e inu ra koe.

Pia

pōti pia e 440ml,
e 4.2 patene (%) āraakaōro



moina pia āreāre e 330ml,
e 2.5 patene (%) āraakaōro



moina pia e 750ml,
e 4 patene (%) āraakaōro



Ūaīna

moina ūaīna e 750ml,
e 13 patene (%) āraakaōro



moina ūaīna e 750ml,
e 14 patene (%) āraakaōro



pi'a ūaīna e 3 lita,
e 12.5 patene (%) āraakaōro



moina kavakona pakari (spirits) e 50ml,
e 37 patene (%) āraakaōro



moina kavakona pakari RTD e 335ml (kua papa no te inu),
e 8 patene (%) āraakaōro



moina kavakona pakari (spirits) e 500ml,
e 37.5 patene (%) āraakaōro



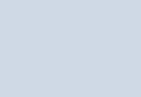
moina kavakona pakari (spirits) e 700ml,
e 40 patene (%) āraakaōro



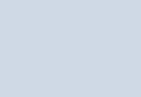
moina kavakona pakari (spirits) e 1125ml,
e 45 patene (%) āraakaōro



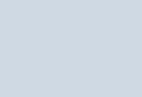
pōti pia e 330ml,
e 4 patene (%) āraakaōro



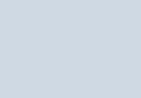
moina pia e 330ml,
e 5 patene (%) āraakaōro



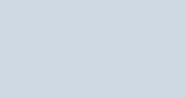
moina ūaīna piti'i e 750ml,
e 12 patene (%) āraakaōro



moina kavakona pakari RTD e 275ml (kua papa no te inu),
e 5 patene (%) āraakaōro



moina kavakona pakari (spirits) e 375ml,
e 37.5 patene (%) āraakaōro



moina kavakona pakari (spirits) e 1000ml,
e 47 patene (%) āraakaōro

