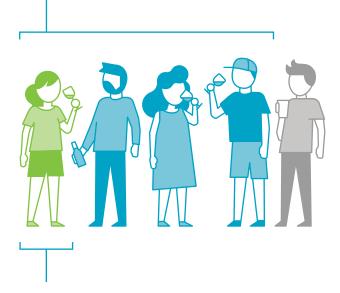
Key facts about drinking in New Zealand

Alcohol use in New Zealand

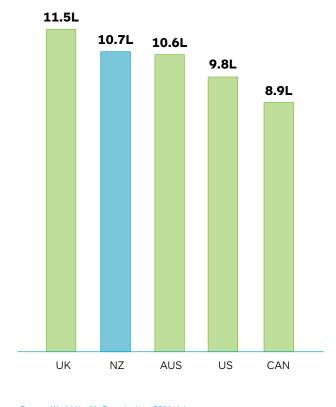


4 in 5 adults drink alcohol.*



1 in 4 drinkers drink hazardously.**

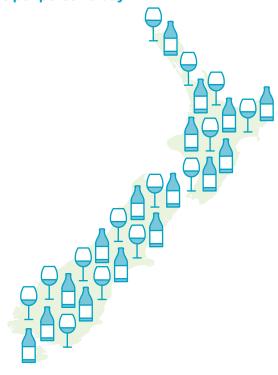
New Zealand's consumption of pure alcohol per person is **similar to Australia**, lower than the United Kingdom, and higher than the United States and Canada.



Source: World Health Organization, 2016 data.

35 million litres

of pure alcohol are available in New Zealand each year – an average of two standard drinks per person a day.



Source: Stats NZ, Alcohol available for consumption data, December 2018 data.

Source: New Zealand Health Survey 2017/18.

^{**}Hazardous drinkers are those past-year drinkers who scored 8 or more on the Alcohol Use Disorders Identification Test (AUDIT). For more information on the AUDIT, see https://www.who.int/substance_abuse/activities/sbi/en/





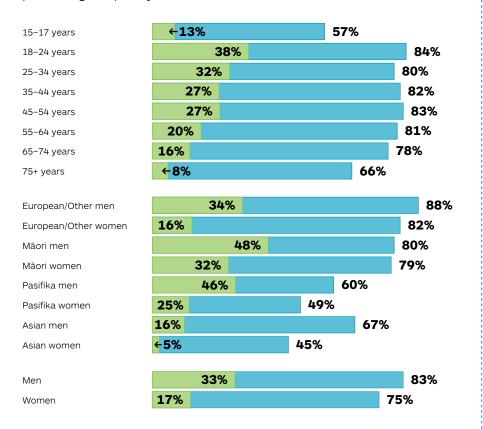
^{*}Adults who drink alcohol have had a drink in the past year.

Key facts about drinking in New Zealand

Hazardous drinking in New Zealand



The number at the end of each bar shows the percentage of the population who drank in the past year. The **green** bars show the percentage of past-year drinkers who drank at hazardous levels.*



Among those that drink...

2 in 5

18 to 24-year-olds are hazardous drinkers.

1 in 4

45 to 54-year-olds are also hazardous drinkers.



Men are twice as likely

as women to be hazardous drinkers.



Source: New Zealand Health Survey 2017/18.

1 in 2 Māori men who drink



and

1 in 3 Māori women

who drink are hazardous drinkers.



Source: New Zealand Health Survey 2017/18.

Pasifika and Asian men and women are the least likely to drink alcohol

but hazardous drinking is high among Pasifika who do drink.

Source: New Zealand Health Survey 2017/18.



Source: New Zealand Health Survey 2017/18.

Key facts about drinking in New Zealand

Harms from drinking alcohol



memory loss diabetes complications blackouts lung infections

liver disease and cancer stroke decreased fertility birth defects sexual dysfunction bowel cancer

Alcohol is linked to more than 200 disease and injury conditions

thinning bones falls gout heart disease

breast cancer hallucinations road traffic accidents

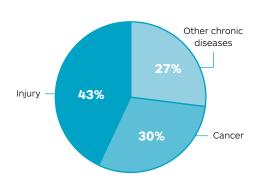
sleep disturbance pancreatitis anxiety and depression assaults cancer of mouth and throat

rowning suicide obesity nerve damage

Source: World Health Organization and alcohol.org.nz

800 deaths

of New Zealanders aged 0 to 79 years were due to alcohol in 2007.



Source: Connor et al (2013).**

Men are over

2x more likely to die from drinking alcohol than women.



Source: Connor et al (2013).**

The 'death rate' from drinking alcohol is disproportionately

higher for Māori



deaths per 100,000*

Alcohol is known to be a factor in 1 in 5 fatal crashes.



ource: Ministry of Transport, 2015-17 data

2 in 5 offences

that involve assault, abduction, robbery, threats or damage to property and

1 in 3

family violence incidents **are known to involve alcohol**.



Sources: New Zealand Crime & Safety Survey, 2014; New Zealand Crime & Victims Survey, 2018.



^{*}Rate per 100,000 age-standardised to WHO world population.

^{**} Connor, J., Kydd, R., Shield, K., & Rehm, J. (2013). Alcohol-attributable burden of disease and injury in New Zealand: 2004 and 2007. Wellington: Health Promotion Agency. See https://www.alcohol.org.nz/resources-research/facts-statistics for more information and data sources.